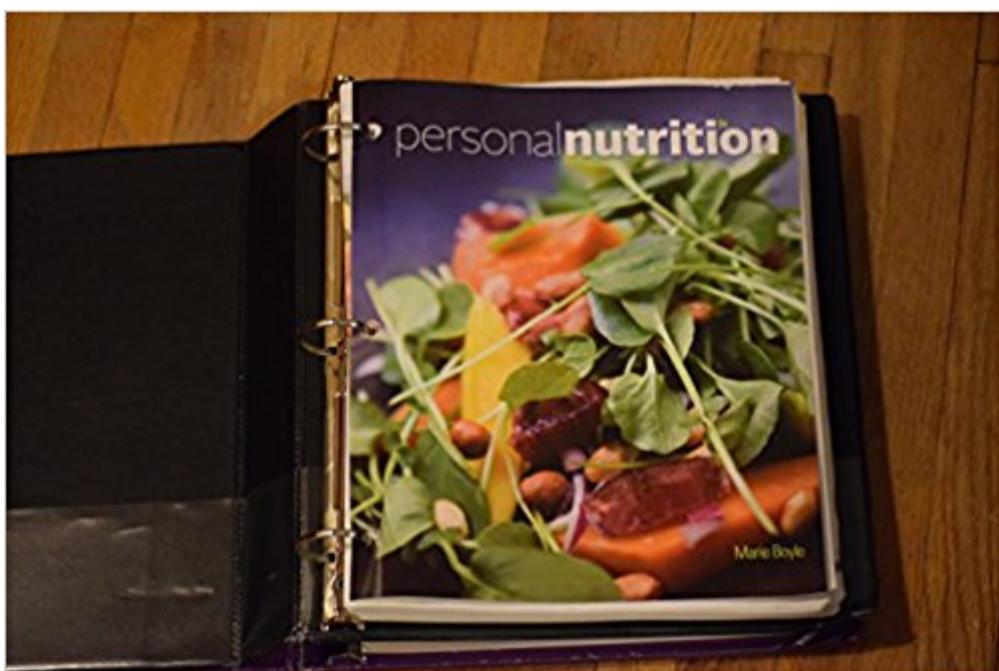


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# Personal Nutrition, Loose-leaf Version



## **Synopsis**

Become a smarter consumers with PERSONAL NUTRITION, Ninth Edition. Engaging and accessible, Boyle provides a solid grounding in fundamental nutritional principles and how to apply them to make informed, healthy choices. The Ninth Edition is thoroughly updated to reflect the latest research, recommendations, and current trends and issues. It also features new and revised illustrations, photographs, examples, and learning objectives to make material even more timely, relevant, and compelling for today's learners. The text is also now supported by MindTap, the most engaging and customizable online solution in nutrition that combines readings, multimedia, assessments, activities, and access to Diet & Wellness Plus. Overall, Boyle offers meaningful context, real-world examples, and practical advice to help students make smart decisions regarding their own nutrition and health.

## **Book Information**

Loose Leaf

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## **Customer Reviews**

Dr. Marie Boyle received her B.A. in psychology from the University of Southern Maine and her M.S. and Ph.D. in nutrition from Florida State University. She is author of PERSONAL NUTRITION and coauthor of COMMUNITY NUTRITION IN ACTION: AN ENTREPRENEURIAL APPROACH. Dr. Boyle is a professor of nutrition, chairperson of the Foods and Nutrition Department, and director of the Graduate Program in Nutrition at the College of Saint Elizabeth in Morristown, New Jersey. She also teaches online distance courses in public health nutrition for the University of Massachusetts in Amherst. Her other professional activities include membership in the American Public Health

Association, the Academy of Nutrition and Dietetics, and the Society for Nutrition Education and Behavior, as well as serving as an author and reviewer for the latter two organizations. She coauthored the current position paper of the Academy of Nutrition and Dietetics on Food and Nutrition Security in Developing Nations, and serves as editor-in-chief of the Journal of Hunger and Environmental Nutrition from Taylor & Francis Publishers.

It was a boom for my college class. It was good.

Book arrived in great condition, I rented it for class this semester.

a very fun and informative ready. Also a book that carries along well.i.e. does not get boring and repetitive and is not dry, very interesting to read and the side bar contains all the highlights of the chapter.i would recommend for anyone looking at buying an introduction to human nutrition

What a brilliant way to learn

Nicely put together....very colorful , informative

In perfect condition when I received it, thanks!

The book is informative, colorful, has excellent charts, and keeps readers engaged.

great

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